



FSL



VOLLEYBALL



AGENDA

- **UIL INFORMATION**
- **SPORT SPECIFIC**
- **COACHING REMINDERS**
- **RULES & REGULATIONS**
- **MISCELLANEOUS INFORMATION**

Director of Athletics
Dr. Susan Elza



Associate AD
Brian Polk



Assistant AD
AJ Martinez



Assistant AD
Joseph Garmon

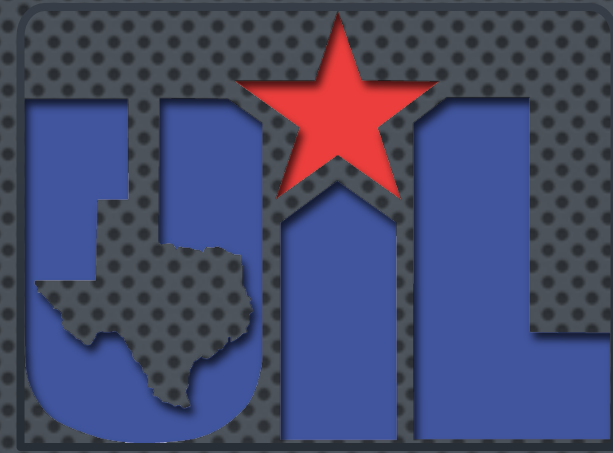


Assistant AD
Brandy Belk



LEAGUE GOVERNANCE

- ✓ **LEGISLATIVE COUNCIL** – RULE MAKING BODY, 32 SUPERINTENDENTS, ALL REGIONS, ALL CONFERENCES REPRESENTED.
- ✓ **STATE EXECUTIVE COMMITTEE (SEC)** – 12 SCHOOL ADMINISTRATORS APPOINTED BY THE COMMISSIONER OF EDUCATION.
- ✓ **WAIVER REVIEW BOARD** – 10 PERSON COMMITTEE, REVIEWS DECISIONS OF THE UIL WAIVER OFFICER ON APPEALS
- ✓ **DISTRICT EXECUTIVE COMMITTEE (DEC)** – CONSISTS OF ONE VOTING MEMBER PER SCHOOL IN A GIVEN UIL DISTRICT.



CONSTITUTION CHANGES

2020-2021

- **COACHES CERTIFICATION PROGRAM (CCP)** – COACHES NOW REQUIRED TO HAVE ALL CCP COURSES DONE BY THE START OF THEIR FIRST PRACTICE OR THE START OF SCHOOL, WHICHEVER COMES FIRST.
- **Practice Regulations** – Sessions for strength & conditioning instruction may be conducted by school coaches for students in grades 7-12 from that coaches attendance zone starting the first day of school. A strength and conditioning session shall be no more than one hour per day outside the school day, Monday through Friday, and a student shall attend no more than one session of supervised instruction per day.



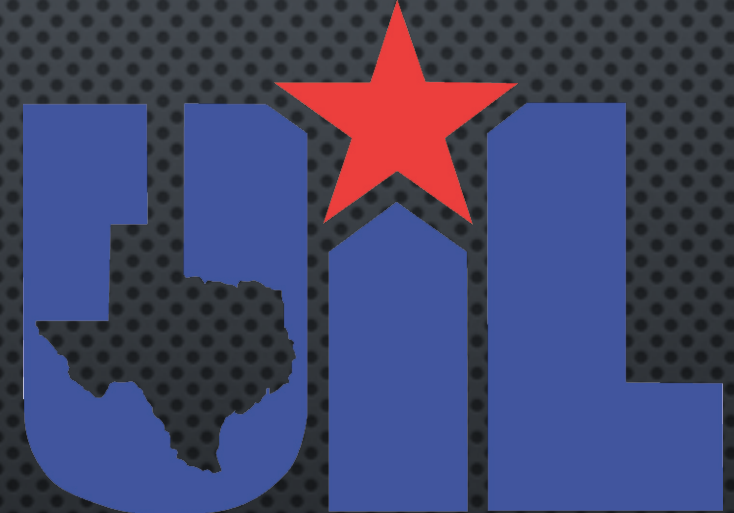
CONSTITUTION CHANGES 2020-2021

- ELIGIBILITY (FIRST SIX-WEEKS)—
 - (A) GRADES NINE AND BELOW. STUDENTS MUST HAVE BEEN PROMOTED FROM THE PREVIOUS GRADE.
 - (B) SECOND YEAR OF HIGH SCHOOL. **TWO AND ONE-HALF** ACCUMULATED CREDITS
 - (C) THIRD YEAR OF HIGH SCHOOL. TEN ACCUMULATED CREDITS OR AT LEAST **TWO AND ONE-HALF** CREDITS WITHIN THE LAST TWELVE MONTHS
 - (D) FOURTH YEAR OF HIGH SCHOOL. FIFTEEN ACCUMULATED CREDITS OR AT LEAST **TWO AND ONE-HALF** CREDITS WITHIN THE LAST TWELVE MONTHS.



CONSTITUTION CHANGES 2020-2021

- **PHYSICALS** – FOR THE 2020-21 SCHOOL YEAR ONLY, ANY PARTICIPANT WHO HAS NOT PREVIOUSLY COMPLETED A PRE-PARTICIPATION PHYSICAL EXAMINATION (PPE), AND BEEN CLEARED FOR PARTICIPATION, WILL BE REQUIRED TO COMPLETE THE MEDICAL HISTORY FORM, AS WELL AS A PPE PRIOR TO PARTICIPATION IN ANY UIL PRACTICES, GAMES, PERFORMANCES, OR MATCHES.
- **SEPARATED PARENTS**– SEPARATED PARENTS WILL NOW BE CONSISTENT WITH THE GUARDIAN RULE (3 YEARS).
- **OFFICIALS FEE INCREASE** - \$5 INCREASE ACROSS THE BOARD FOR OFFICIALS FEE





2020 UIL Staff Studies



- ✓ Study the possibility of changing the Junior High start time for athletic contests.
- ✓ Study the possibility of adding 1A volleyball, softball, and baseball to their own district
- ✓ Study the proposal to give officials another \$5 increase in the 2021-22 school year.



2020 COVID-19 Summer Guidelines

Everything in terms of strength & conditioning, sport specific instruction and camps is very different this summer. Make sure you are familiar with the COVID-19 athletics guidelines page on the UIL website:

www.uiltexas.org/athletics/covid-19-strength-conditioning-2020



VOLLEYBALL SPECIFIC INFORMATION



2020 COVID-19 VOLLEYBALL NFHS Rule Considerations

In support of the guidance to opening up high school athletics the NFHS volleyball rules committee created considerations for state associations to consider whether any possible rules could be altered for the 2020 volleyball season. The following slides will outline the considerations the UIL volleyball will make for this next season only.



2020 COVID-19 VOLLEYBALL Rule Considerations

Team Benches (5-4-4b, 9-1-2, 9-1-2 NOTE, 9-3-3b)

- Suspend the protocol of teams switching benches between sets. Prior to warm-ups, the home team will select bench (1-6-1) to be at the entire match, for all matches played on a given night.
- Suspend the use of the coin toss to determine serve/receive. The visiting team will serve first in set 1 and alternate first serve for the remaining non-deciding sets.
- Limit bench personnel to observe social distancing of 3 to 6 feet.



2020 COVID-19 VOLLEYBALL Rule Considerations

Pre-match Conference (1-2-4a; 1-6-2; 1-6-3; 2-1-10; 5-4-1h, k; 5-6-1; 7-1-1; 7-1-1 PENALTIES 1; 9-1a; 12-2-3)

- Suspend roster submission at the pre-match conference. Rosters are submitted directly to the officials' table before the 10-minute mark.
- Limit the attendees to the head coach and one captain from each team and the R1 and R2
- Hold the conference at center court with the head coach, one captain and a referee on each side of the net



2020 COVID-19 VOLLEYBALL Rule Considerations

Deciding Set Procedures [1-2-4b, 5-4-4c, 5-5-3b(26), 9-2-3c]

- Move the location of the deciding set coin toss to center court with team captains and the second referee maintaining the appropriate social distance of 3 to 6 feet. A coin toss, called by the home team, will decide serve/receive.
- Suspend the protocol of teams switching benches before a deciding set.



2020 COVID-19 VOLLEYBALL Rule Considerations

Substitution Procedures (2-1-7, 10-2-1, 10-2-3, 10-2-4)

- Maintain social distancing of 3 to 6 feet between the second referee and the player and substitute by encouraging substitutions to occur within the substitution zone closer to the attack line.



2020 COVID-19 SUMMER

Officials Table (3-4)

- Limit to essential personnel which includes home team scorer, libero tracker and timer with a recommended distance of 3 to 6 feet between individuals. Visiting team personnel (scorer, statisticians, etc.) are not deemed essential personnel and will need to find an alternative location.



2020 COVID-19 VOLLEYBALL Rule Considerations

Pre-match Ceremony

- Both teams (starting players and/or entire team) will line up on their respective end lines
- The R1 will whistle and motion for teams to advance to the attack line where the players will wave to their opponents
- The R1 will whistle to release the players to line up in their starting positions



2020 COVID-19 VOLLEYBALL Rule Considerations

Post-match Ceremony

- The R1 will display the end of set signal (signal 21)
- Using both open hands with arms extended, the R2 will point toward the attack lines.
- The teams will line up on their respective attack lines facing their opponents and wave to thank them for the match, then go to their bench area



NFHS VOLLEYBALL RULE UPDATES 2020-2021



- NFHS are our playing rules, purchase a rulebook from www.nfhs.org
- Uniform rule is NFHS Rule 4-2
- Solid colored uniform rule – was eliminated in 2019
- Upcoming uniform change – beginning July 1, 2023
 - The body of the number can no longer be the jersey color itself. It must be of contrasting color.
- ***2020 Rule changes on following slides...***



NFHS Rule Changes 2020

4-1-4 (NEW): Allows the use of a molded protective face mask made of hard material during play.

Rationale: Creates consistency with other NFHS rules codes.

7-1-1; 7-1-1 PENALTIES; 7-1-1 PENALTIES 2 (NEW); 9-9-1a (NEW); 10-3-7b: Eliminates the loss of rally/point penalty for failure to submit the team roster during the prematch conference and replaces the penalty with an unnecessary delay (administrative yellow card).

Rationale: Eliminates the double penalty for a late roster and an incorrect roster before the start of the match.



NFHS Rule Changes 2020

7-1-4a(1) & (2) NEW: Allows a team to correct a submitted lineup if it lists a libero number that no team member is wearing.

Rationale: Creates consistency in allowing the correction of a clerical error (listing a number that no team member is wearing) on the lineup for a starting position and the libero position.

12-2-6: Establishes that a yellow card issued for unsporting conduct to the head coach, assistant coach(es) or team bench will no longer require the head coach to remain seated, while maintaining that a red unsporting conduct card will require the head coach to remain seated for the remainder of the match.

Rationale: Creates a penalty progression by allowing an official to warn a head coach with a yellow unsporting conduct card without requiring the coach to remain seated for the remainder of the match.



NFHS Rule Changes 2020

Official Signal #15: Establishes that an official will rotate their forearms around each other with closed hands to signal substitution.

Rationale: Aligns with current trends of the sport.

2020-21 VOLLEYBALL MAJOR EDITORIAL CHANGES

4-2-1e: Removes language referencing the size restrictions of mascots and/or school names placed on the uniform sleeve as a part of the 2019-20 uniform rules changes.

10-3-6b, 10-3-6c, 10-3-6 NOTE (NEW): Clarifies the order of priority for an exceptional substitution for an injured/ill player aligning the language with Rule 10-4-3b.



NFHS Rule Changes 2020

2020-21 Volleyball Editorial Changes

5-4-3c(22); 5-4-4b, c; 5-5-3b(20); 9-7 PENALTIES 3; Rule 9
Unnecessary Delay Chart (NEW)

2020-21 Volleyball Points of Emphasis

Bench Behavior/Sportsmanship
Management of Non-Team Personnel
Officials' Communication
Uniform Bottom Compliance

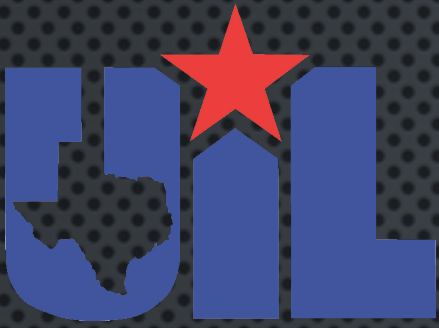


COACHING REMINDERS

- **KNOW YOUR RULES**
- **YEARLY REQUIRED
TRAINING**
- **EDUCATE / LEAD
YOUR STAFF**

"I didn't know what the outcome would be but I committed to the purpose."





KNOW YOUR RULES

- ✓ **Make sure you have a sport rule book (NFHS, NCAA, USTA, USGA).**
- ✓ **Download and / or print your SPORT MANUAL**
 - **Manuals include C&CR sport plan language, NFHS rule changes, UIL rule changes and they are updated annually.**
- ✓ **Download or bookmark the Side by Side Manual**
 - **Will answer questions about no-pass / no-play, eligibility and more.**



UIL Coaches Checklist
Basketball
2020-21



	CHECKLIST	REFERENCE	COMPLETION DATE
✓	PRE-SEASON		
	Register/update profile in the UIL Portal	UIL Portal	Prior to 1 st Practice
	Print and review Basketball Manual	Basketball Manual	Prior to 1 st Practice
	Update Coach name in Max Preps	MaxPreps	Beginning of school year
	UIL yearly coaching requirements (CCP & TEC) (manual, p. 12)	Coaching Requirements	Prior to 1 st Practice
	Student participation required forms. Keep on file. (manual, p. 14)	Athletic Forms	Prior to 1 st Practice
	Varsity participation required forms. Keep on file. (manual, p. 14)	Athletic Forms	Prior to 1 st Practice
	Review rules regarding eligibility for athletic contests (manual, p. 13)	C&CR Sec. 400 & 403	Prior to 1 st Practice
	Review Basketball Plan (manual, p. 10)	Basketball Plan	Prior to 1 st Practice
	Review UIL rule changes (manual, p. 7)	UIL Rule Changes	Prior to 1 st Practice
	Review NFHS rule change (manual, p. 9)	NFHS	Prior to 1 st Practice
	Complete PAPFs and file with UIL Office <ul style="list-style-type: none"> Apply/Complete any necessary Waivers and file with UIL 	PAPF Process Waiver Information	Prior to 1 st Practice
	Submit Varsity Team Eligibility Form to district chair (UIL Portal)	UIL Portal	Prior to 1 st Contest
✓	REGULAR SEASON		
	First day of practice		Girls: October 21 Boys: October 28
	First day for interschool scrimmages		Girls: October 31 Boys: November 7
	First day for playing interschool games		Girls: November 6 Boys: November 13
	Update schedule and record in MaxPreps	MaxPreps	Ongoing
✓	POST-SEASON		
	Print and review Basketball Post Season Packet	Post Season Packet	

NEW 2020-2021 Checklists

- Checklists for every sport have been created. All links are live and will take you right to the information you are looking for.
- Will be on manual page.
- Let us know if there is more you would like to see on these checklists.



UIL COACH EDUCATION AND TRAINING REQUIREMENTS (STATE LAW)

- ✓ CPR AND FIRST AID TRAINING – MUST HAVE A CURRENT CERTIFICATION FILED WITH THE DISTRICT
- ✓ AED TRAINING – MUST HAVE A CURRENT CERTIFICATION FILED WITH THE DISTRICT
- ✓ SAFETY TRAINING – TRAINING PROVIDED BY UIL (CCP) PROGRAM, AND MUST BE COMPLETED PRIOR TO ANY CONTACT WITH STUDENTS
- ✓ CONCUSSION TRAINING – TRAINING MUST BE COMPLETED ANNUALLY (2 HOURS EVERY OTHER YEAR/1 HOUR ANNUALLY)



UIL COACHES EDUCATION AND Training Requirements



✓ UIL PROFESSIONAL ACKNOWLEDGEMENT FORM– ON FILE WITH THE DISTRICT (C&CR 1202(J))

✓ COACHES CERTIFICATION PROGRAM (CCP)– ONLINE / IN-PERSON TRAINING (C&CR 1208(I))

- 1) CONSTITUTION & CONTEST RULES
- 2) ETHICS
- 3) UIL STEROID EDUCATION
- 4) SAFETY TRAINING (STATE LAW)
- 5) CONCUSSION TRAINING (STATE LAW)
- 6) SPORT SPECIFIC TRAINING – EACH SPORT HAS A SEPARATE MODULE
- 7) FOOTBALL COACHES ONLY – BEST PRACTICES IN TACKLING CERTIFICATION
- 8) FIRST YEAR COACHES ONLY - FUNDAMENTALS OF COACHING IN TEXAS (C&CR 1202 (L))
- 9) SAFETY/RISK MINIMIZATION FOR CHEERLEADING COACHES – LOCAL DISTRICT DETERMINES THE PROVIDER FOR TRAINING, AND TRAINING MUST BE COMPLETED PRIOR TO ANY STUDENT CONTACT



STUDENT PARTICIPATION *Required Forms*

- ✓ *PRE PARTICIPATION PHYSICAL EXAMINATION FORM*
- ✓ *MEDICAL HISTORY FORM*
- ✓ *RULES ACKNOWLEDGMENT FORM*
- ✓ *PARENT OR GUARDIAN PERMIT*
- ✓ *PARENT/STUDENT ANABOLIC STEROID USE AND RANDOM STEROID TESTING FORM*
- ✓ *CONCUSSION ACKNOWLEDGEMENT FORM*
- ✓ *SUDDEN CARDIAC ARREST AWARENESS FORM*



PRACTICE & GAME REGULATIONS

✓ PRACTICE

- *OUTSIDE THE SCHOOL YEAR VS SCHOOL IS IN-SESSION*
- **SCHOOL WEEK DEFINITION**

✓ GAMES

- **SEASON LIMITS**
- **SCHOOL WEEK VS CALENDAR WEEK**
- **DUAL MATCH VS DOUBLE HEADER**





PRACTICE REGULATIONS

- **OUTSIDE THE SCHOOL YEAR VS SCHOOL IS IN-SESSION**
 - **OUTSIDE SCHOOL YEAR – MAX LENGTH OF ONE PRACTICE IS 3 HOURS. IF TWO PRACTICES ARE TO HAPPEN, TOTAL MAX TIME IS 5 HOURS AND THERE HAS TO BE A TWO HOUR BREAK BETWEEN THE TWO SESSIONS.**
 - **DURING SCHOOL YEAR – 8-HOURS DURING THE SCHOOL WEEK**
- **SCHOOL WEEK – FROM THE FIRST DAY SCHOOL IS IN SESSION FOR THE WEEK UNTIL THE END OF INSTRUCTION ON THE LAST SCHOOL DAY.**

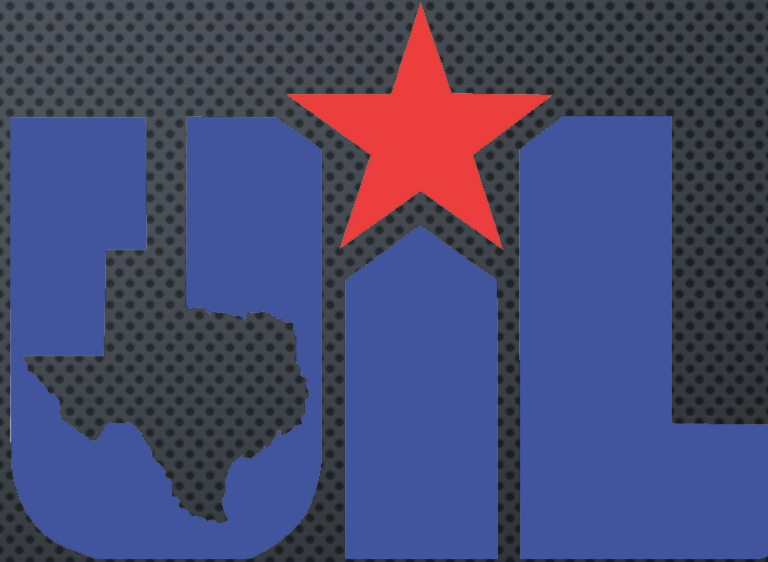




PRACTICE & GAME REGULATIONS

- **GAMES**
 - **SEASON LIMITS – KNOW YOUR LIMITS**
 - **SCHOOL WEEK VS CALENDAR WEEK**
 - **DUAL MATCH – SAME COMPETITION LEVEL, CAN PLAY A DUAL TUESDAY AND FRIDAY**
 - **DOUBLE HEADER**





ELIGIBILITY



ELIGIBILITY

ELIGIBILITY - 1ST SIX-WEEKS OF SCHOOL YEAR

- **GRADES NINE AND BELOW - PROMOTED**
- **SECOND YEAR OF HIGH SCHOOL - FIVE ACCUMULATED CREDITS**
- **THIRD YEAR OF HIGH SCHOOL - TEN ACCUMULATED CREDITS OR FIVE CREDITS WITHIN THE LAST TWELVE MONTHS**
- **FOURTH YEAR OF HIGH SCHOOL - FIFTEEN ACCUMULATED CREDITS OR FIVE CREDITS WITHIN THE LAST TWELVE MONTHS**



ELIGIBILITY

VARSITY ATHLETICS

- ✓ MEETS ALL REQUIREMENTS OF SECTION 400 & 403
- ✓ IS AN AMATEUR
- ✓ MEETS PARENT RESIDENCE RULE
- ✓ MEETS THE AGE RULE
- ✓ HAS NOT CHANGED SCHOOLS FOR ATHLETIC PURPOSES
- ✓ PREVIOUS ATHLETIC PARTICIPATION FORM

PREVIOUS ATHLETIC PARTICIPATION FORM (PAPF)

- *REQUIRED FOR ALL **NEW** STUDENTS IN GRADES 9-12 WHO HAVE:*
 - **REQUIRED** IF A STUDENT PRACTICED OR PARTICIPATED WITH A FORMER SCHOOL IN GRADES 8-12 IN ANY UIL ATHLETIC ACTIVITY.
 - **NEW SCHOOL MUST VERIFY THAT THE STUDENT MEETS THE PARENT RESIDENCE RULE.**
 - **DISTRICT EXECUTIVE COMMITTEE** MUST DETERMINE THAT STUDENT DID NOT MOVE FOR ATHLETIC PURPOSES AND APPROVE PAPF BEFORE A STUDENT IS ELIGIBLE TO PARTICIPATE AT THE **VARSITY** LEVEL AT THE NEW SCHOOL
 - SUBMITTED TO THE UIL OFFICE.





UIL CONTACTS



UIL Director of Athletics
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